



Friday 7th January 2022

# Pennoweth News



## This week in school

Happy New Year! Welcome back to school for the start of the Spring 1 half term! We hope that you all had a wonderful Christmas holiday. The children have had a fantastic first week back and have settled straight back into working hard.

As you will know, the advice and government regulations around Covid are constantly being reviewed. The DfE have updated their guidance for parents and carers regarding the Covid pandemic. The latest version of their information document can be found at:

<https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak>

Please do contact us via the help email address if you have any questions at all.

Children should be coming home today with their new PE hoodies :) Please can we ask that children wear their new hoodies, with grey / black tracksuit bottoms / leggings or shorts (if it warms up!) on their PE day. The hoodies are now part of our uniform and so need to be worn on PE days. We can't wait to see the children wearing them!

## Messages

We have had reports of some parents using their mobile phones to video around the school site at drop off and pick up times. Please could we ask that you do not film on the school site (unless at a parental event where filming has been agreed) due to safeguarding reasons. Thank you.

Following on from concerns raised regarding school meals, the school council have carried out a pupil questionnaire to gain views from children across the school. These results are being collated and a meeting will then be arranged with Chartwells and the school council to put the children's views across. Chartwells have also now received the comments that were forwarded from the parent facebook page. We will let you know the outcome and agreed actions in the next couple of weeks. Thank you again for your input and contributions.

We are delighted to share the news that Miss Francis and Mr Callaway were married over the Christmas holiday. Miss Francis will now be known as Mrs Callaway. We are sure you will join with us in congratulating them both.

To book Breakfast & After School Care, please Email:  
[wraparoundcare@pennoweth.cornwall.sch.uk](mailto:wraparoundcare@pennoweth.cornwall.sch.uk)

Our phase email addresses are:

[eyfs@pennoweth.cornwall.sch.uk](mailto:eyfs@pennoweth.cornwall.sch.uk) (for Nursery and Reception)

[KS1@pennoweth.cornwall.sch.uk](mailto:KS1@pennoweth.cornwall.sch.uk) (for Years 1 and 2)

[lowerKS2@pennoweth.cornwall.sch.uk](mailto:lowerKS2@pennoweth.cornwall.sch.uk) (for Years 3 and 4)

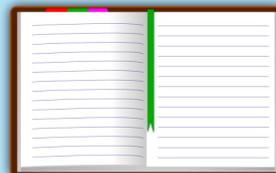
[upperKS2@pennoweth.cornwall.sch.uk](mailto:upperKS2@pennoweth.cornwall.sch.uk) (for Years 5 and 6)

Or contact: [help@pennoweth.cornwall.sch.uk](mailto:help@pennoweth.cornwall.sch.uk)

School Lunches

Week beginning  
10th Jan is

*WEEK 2 Menu*



Dates for your diary

### Friday 7th January

New PE hoodies launched

### w/c Monday 10th January

After school activity clubs begin (Marvellous Me messages will be sent out to confirm allocations to clubs)

### Wednesday 12th January

Mevagissey swimming—group 1

### Friday 14th January

Year 6 swimming—group 1

*Please note: all school term dates and inset days / closure days for the 2021/22 academic year are on the school website.*

**PLEASE NOTE THAT  
THE APPLICATION  
DEADLINE FOR THE  
YEAR R INTAKE IN  
SEPT 2022 IS  
15TH JANUARY 2022.**



# Character Qualities

We have 4 key characteristics that we are always on the lookout for! Each of these is represented by a character.

**Considerate** children are thoughtful, caring, sympathetic, helpful, polite, attentive, mindful and patient.

**Inquisitive** children are curious, inquiring, questioning, intrigued and eager to know.

**Courageous** children are bold, brave, valiant adventurous and determined.

Children who are being fun will be enthusiastic, excited, energetic, cheerful, light-hearted and will laugh!

We also have our Stars of the Week, who have been classroom superstars and DNA Champions for each phase.

Quality	Children Spotted in R, Y1 and Y2	Children Spotted in Y3, Y4, Y5 and Y6
Considerate 	Porthcurno: Lola Gwithian: Nylah Marazion: Tiana	Newlyn: Olivia Mevagissey: Leon Porthleven: Annabella Pendeen: Lewis Lizard: Emily Godrevy: DJ
Inquisitive 	Porthcurno: Arianna Gwithian: Bella Marazion: Emmie	Newlyn: Aela Mevagissey: Caden Porthleven: Harley C Pendeen: Freya Lizard: Molly Godrevy: Livvy
Courageous 	Porthcurno: Alesha-Mae Gwithian: Ollie Marazion: Albie	Newlyn: Izzy Mevagissey: Maddison Porthleven: Jacob Pendeen: Sam Lizard: Lucas Godrevy: Rhys
Fun 	Porthcurno: Connie Gwithian: Kai Marazion: Kairi	Newlyn: Josh Mevagissey: Braxon Porthleven: Peggy Pendeen: Brandon Lizard: Eliza Godrevy: Cacee
	Restormel: Leon Tintagel: Alfie Porthcurno: Archie Gwithian: Skyla Marazion: Aronas	Newlyn: Oli Mevagissey: Nathan Porthleven: Eva Pendeen: Ethan Lizard: Taylor Godrevy: Caitlin

We are safe champions: KS1: Larkin, LKS2: Archie, UKS2: Bea

We feel loved champions: KS1: Logan, LKS2: Lucas, UKS2: Sam

We take responsibility champions: Restormel: Elias, KS1: Gabriele, LKS2: Freddie, UKS2: Saqib

We are always learning champions: KS1: Arianna, LKS2: Noah R, UKS2: Samuel

We are ready champions: Tintagel: Enid, KS1: Elden, LKS2: Lena, UKS2: Izzy

## Wellbeing

Happy New Year to you all and we hope you had a lovely Christmas holiday. It was lovely that the children came back and were excited to tell us their news.

At this time many people decide to set resolutions but maybe consider just making a few important changes for your wellbeing instead. These could include getting outside every day, taking small rests throughout the day and perhaps just taking three deep, slow breaths in and out to relax.

This half term's wellbeing lessons are entitled 'Being Mindful'. We will be discussing wellbeing and our mental health in assembly and wellbeing sessions in class. Our mental health is just as important as our physical health and we can all do so much to help ourselves. Our inner narrative is often quite critical and it would be so beneficial if we can learn from a young age to catch these thoughts and change them to positive statements. If you wake up and think I am not doing well, stop yourself and remind yourself of all the things you are doing well. Another useful strategy is to write down your positive thoughts in the morning to start your day. Children also thrive on positivity so ensure you remind them of how well they are doing.

Remember to go slow this January. It is still a difficult time and you can't put too much pressure on yourself. Talking to others can also be really helpful and the pastoral team is here to listen so please do get in touch with us. Have a restful weekend.

Mrs Gaskin