



Friday 19th November 2021

Pennoweth News



This week in school

- A huge well done to our Reception classes who were out and about this week on their trip to the park. All the adults who went on the trip were super impressed with how sensible and grown up all the children were. We have more local trips coming up soon for the children as we start to be able to get out and about again.
- We are sorry that some parents felt that we should have done something for Children in Need this year. We made the decision to support Save the Children UK this year to link in with Christmas jumper days and our Christmas song events which we warmly invite parents to attend. Please note that children will be able to wear Christmas jumpers / non uniform on the days of their Christmas songs event (see dates for your diary) and also on Friday 10th December for the official Christmas jumper day.

Messages

- Please note that the flu vaccination programme will be in school next week (on Wednesday 24th November). You should have received a link to enable you to give permission (if you wish to) for your child to receive the nasal vaccine.
- For any prospective parents who would like to look around the school for a Reception place from September 2022, please note our open events next Wednesday and Thursday (with a further event on Monday 29th November) If you, or anyone you know, would like to attend, please do just give the school a Call so we can add names to the visitor list.
- We have had a number of concerns raised by parents and members of the local community regarding parking on the roadway at the start and end of the school day. We know how difficult it is at the moment, but please be mindful. Our lollipop lady has reported that she has had occasions when she can't see between cars (this has been reported). We will be talking to children again about road safety to further raise awareness. Please could we also ask that the disabled bays at the bottom of the school site are ONLY to be used by blue badge holders. It has been reported that these are often filled with cars that are not displaying a badge. Thank you.

To book Breakfast and After School Care, please email: wraparoundcare@pennoweth.cornwall.sch.uk

Our phase email addresses are:

eyfs@pennoweth.cornwall.sch.uk (for Nursery and Reception)

KS1@pennoweth.cornwall.sch.uk (for Years 1 and 2)

lowerKS2@pennoweth.cornwall.sch.uk (for Years 3 and 4)

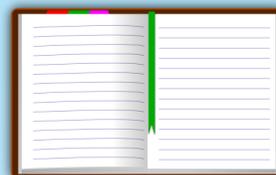
upperKS2@pennoweth.cornwall.sch.uk (for Years 5 and 6)

Or contact: help@pennoweth.cornwall.sch.uk

School Lunches

Week beginning
22nd November is

WEEK 1 Menu



Dates for your diary

Wednesday 24th November

Flu vaccination programme in school

Open meetings—prospective YR parents (meetings also on Thursday 25th November and Monday 29th November)

Friday 3rd December

PTA Christmas fair (during school time)

Monday 6th December 2pm

Early Years Christmas songs—parents invited

Tuesday 7th December 2pm

KS1 Christmas songs—parents invited

Thursday 9th December 2pm

Year 3&4 Christmas songs—parents invited

Friday 10th December 2pm

Non uniform—Christmas jumper day for Save the Children

Year 5&6 Christmas songs—parents invited

Please note: all school term dates and inset days / closure days for the 2021/22 academic year are on the school website.



We are safe. We feel loved. We take responsibility. We are always learning. We are ready.

Character Qualities

We have 4 key characteristics that we are always on the lookout for! Each of these is represented by a character.

Considerate children are thoughtful, caring, sympathetic, helpful, polite, attentive, mindful and patient.

Inquisitive children are curious, inquiring, questioning, intrigued and eager to know.

Courageous children are bold, brave, valiant adventurous and determined.

Children who are being fun will be enthusiastic, excited, energetic, cheerful, light-hearted and will laugh!

We also have our Stars of the Week, who have been classroom superstars and DNA Champions for each phase.

| Quality | Children Spotted in R, Y1 and Y2 | Children Spotted in Y3, Y4, Y5 and Y6 |
|---|--|--|
| Considerate  | Porthcurno: Tabetha Gwithian: Jax V Marazion: Daniel | Newlyn: Jack Mevagissey: Maddison Porthleven: Eva Pendeen: Henry Lizard: Lucas Godrevy: Cacee |
| Inquisitive  | Porthcurno: Harriet Gwithian: Lukas Marazion: Abi | Newlyn: Autumn Mevagissey: Kingsley Porthleven: Oskar Pendeen: Ellie Lizard: Dakota Godrevy: Samuel |
| Courageous  | Porthcurno: Tom Gwithian: Skyla Marazion: Layla | Newlyn: Elliott Mevagissey: Jacob Porthleven: Amelia T Pendeen: Israel Lizard: Jenny Godrevy: Christopher |
| Fun  | Porthcurno: Amelia Gwithian: Harper Marazion: Esme | Newlyn: Blaise Mevagissey: Piran Porthleven: Layla Pendeen: Fletcher Lizard: Conan Godrevy: Emily |
|  | Restormel: Logan Tintagel: Robert Porthcurno: Connie Gwithian: Rizzick Marazion: Keira | Newlyn: Loki Mevagissey: Hunter Porthleven: Jacob Pendeen: Jack Lizard: Nadine Godrevy: Livvy |

We are safe champions: KS1: Emillie, LKS2: Megan, UKS2: Kaycee

We feel loved champions: KS1: Larkin, LKS2: Jenson, UKS2: Christian

We take responsibility champions: Restormel: Lewis, Tintagel: Alfie, KS1: Zakary, LKS2: Reese, UKS2: Sam

We are always learning champions: KS1: Albie P, LKS2: Oli, UKS2: Saqib

We are ready champions: KS1: Mia, LKS2: Gracie-Mae, UKS2: Jonah

Wellbeing update

Focused mind. Healthy body. Calm Spirit.

It has been wonderful to hear how some of the children have been doing the breathing exercises at home with you or listening to some calm music before they go to bed and one year two was pleased to tell me, 'I have a bath, do some breathing exercises and relaxing with Mummy and then we read a book together.' This sounds like the most lovely way to settle your child before bed. Children do need routines; they feel more safe and secure if there is a home routine in place.

This week the children have talked about what it feels like to 'belong' in school or their clubs and they have come up with some ideas to ensure everyone feels they belong and are supported by their class. The teachers are trying some of the breathing exercises especially when the children come in from playtime as it helps to settle everyone before the lesson begins.

It is sometimes difficult as parents to have time to take care of ourselves but it is so important for us all to have a few minutes relaxing, walking in nature or just sitting outside and taking a few deep breaths. If we are calm, the children will feel this and be more relaxed themselves.

Finally remember you can't do everything, sometimes we need to be kinder to ourselves and see how well we are doing and that nobody gets everything right as a parent; sometimes we get it wrong and we can admit this and apologise. Remember each day is a fresh start. If you need any support please email us.

Take care and enjoy the weekend.