



Friday 5th November 2021

Pennoweth News

This week in school

Welcome back to the start of the second Autumn half term. We hope that you all had a relaxing half term. The children have settled back in really well and are working hard.



This half term our projects from years 1-6 have a core focus on Geography. If you want to find out more information about what the children are learning, please have a look on the website in the curriculum section.

Thank you so much to all of you that joined us on School Cloud this week for virtual parent meetings. We hope that the system worked well for you and that the opportunity to have a face to face meeting with your child's class teacher (albeit electronically) was useful. If you weren't able to schedule a meeting and would like an opportunity to speak to your child's class teacher, please do email us on the relevant key stage email address (see below) and we will get back to you as soon as we can. We will be rescheduling meetings for Pendeen Class when Miss Michele is back in school.

Messages

- As you will have seen, the building works are moving on well now and the foundations are being established. We are really sorry for the difficulties that the restricted access to the school is causing and thank you very much for your ongoing patience. We are hoping to reinstate an access route to the front office soon and will let you know as soon as we have further information from the builders on this.
- We are in the 'Falmouth Packet' this week! The story is about our new build. This is the link if you want to have a look! <https://www.falmouthpacket.co.uk/news/19695529-pupils-hard-hats-signal-start-work-school-cornwall/>
- The flu vaccination programme is running as usual this year. You should have received information about this via Marvellous Me. Please do let us know if not and we can send out the link again.
- We know that parking is so tricky at the moment but please can we ask that you don't block any entries to other buildings or park up on the pathway so that we maintain clear lines of sight for those crossing the roads.

To book Breakfast and After School Care, please email:
wraparoundcare@pennoweth.cornwall.sch.uk

Our phase email addresses are:

eyfs@pennoweth.cornwall.sch.uk (for Nursery and Reception)

KS1@pennoweth.cornwall.sch.uk (for Years 1 and 2)

lowerKS2@pennoweth.cornwall.sch.uk (for Years 3 and 4)

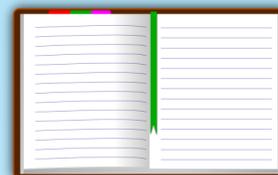
upperKS2@pennoweth.cornwall.sch.uk (for Years 5 and 6)

Or contact: help@pennoweth.cornwall.sch.uk

School Lunches

Week beginning 8th
November is

WEEK 2 Menu



Dates for your diary

Monday 15th November

Tell us a story workshop for Reception and Porthcurno

Friday 19th November

Visiting workshop for Porthleven class

Wednesday 24th November

Flu vaccination programme in school

Open meeting—prospective YR parents (meetings also on Thursday 25th November and Friday 29th November—more information to follow next week).

Please note: all school term dates and inset days / closure days for the 2021/22 academic year are on the school website.



Character Qualities

We have 4 key characteristics that we are always on the lookout for! Each of these is represented by a character.

Considerate children are thoughtful, caring, sympathetic, helpful, polite, attentive, mindful and patient.

Inquisitive children are curious, inquiring, questioning, intrigued and eager to know.

Courageous children are bold, brave, valiant adventurous and determined.

Children who are being fun will be enthusiastic, excited, energetic, cheerful, light-hearted and will laugh!

We also have our Stars of the Week, who have been classroom superstars and DNA Champions for each phase.

Quality	Children Spotted in R, Y1 and Y2	Children Spotted in Y3, Y4, Y5 and Y6
Considerate 	Porthcurno: Mia Gwithian: Leela Marazion: Harrison	Newlyn: Jayden Mevagissey: Penny Porthleven: Kizzy Lizard: Lily Godrevy: Marisa
Inquisitive 	Porthcurno: Tom Gwithian: Noah Marazion: Aronas	Newlyn: Loki Mevagissey: Oliver Porthleven: Peggy Lizard: Exodus Godrevy: Jack
Courageous 	Porthcurno: Ayleen Gwithian: Vinnie Marazion: Layla	Newlyn: Olivia W Mevagissey: Leon Porthleven: Malakia Lizard: Dakota Godrevy: Kyron
Fun 	Porthcurno: Darcey Gwithian: Ollie Marazion: Larkin	Newlyn: Dexter Mevagissey: Lucas Porthleven: Shakira Lizard: Lissy Godrevy: Harry
	Tintagel: Oscar Restormel: Holly Porthcurno: Ruby Gwithian: Bella Marazion: Cory	Newlyn: Noah G Mevagissey: Scarlett Porthleven: Oskar Lizard: Jonah Godrevy: Yeshua Pendeen: star of the week to the WHOLE class for being absolutely fantastic this week.

We are safe champions: Tintagel: Lola, Restormel: Logan, KS1: Lola, LKS2: Lily, UKS2: Vivien

We feel loved champions: KS1: Natalie, LKS2: Maddie, UKS2: Ruby

We take responsibility champions: KS1: Amelia, LKS2: Keira, UKS2: TJ

We are always learning champions: KS1: Gabriele, LKS2: Evie, UKS2: Nadine

We are ready champions: KS1: Isaiah, LKS2: Troy, UKS2: Henry

Wellbeing update

Focused mind. Healthy body. Calm Spirit.

Welcome back to you all. We are continuing to update you each week on our wellbeing activities and helpful advice on how you and your children can aim to have physical, mental and emotional good health. It has never been so important for us to take extra care of ourselves.

Last term our key focus was gratitude and this term we are looking at **belonging**. The children will look at how belonging is important for their mental health; we will look at how it feels to belong in school, in the classroom, in sport/activities and in the home. If children feel they belong, they feel secure and safe. We will have assemblies throughout the school on Tuesday where we will introduce the topic to all the children.

So just a reminder today to all keep breathing well; it reduces stress, can dissolve anxiety, help you to sleep better and it boosts your immune system. You just need a few minutes every day to breathe deeply in and slowly out, turn your attention inwards and master the art of just letting go!

“Life is ten percent what happens to us and ninety percent how we breathe through it.” R. Dennis.

Ideally you want to breathe belly to chest, so place your hands on your tummy and as you breathe in feel your belly extend and relax breathing out. Try breathing in slowly for four and out for four and feel that belly extend on the breath in and relax down on the breath out. We will show the children this on Tuesday.

If you are anxious or your child is and you would like to find out more, just send us an email and we will get in touch with you. Try to practise your breathing with your children this weekend and see how you sleep better! Have a lovely weekend.

Subject ambassadors

For all our wider curriculum (not reading, writing or maths) subjects, we have subject ambassadors. They are representatives for each subject. The children have been picked for their passion, ability to talk about their subject and encourage others to learn about that subject. Let me introduce you to our wonderful ambassadors!

RE

Elodie (Marazion)
Layla (Porthleven)
Reade (Lizard)



PE

Henry (Porthcurno)
Cory (Marazion)
Kizzy (Porthleven)
Ellie (Pendeen)



Science

Harrison (Marazion)
Freddie (Newlyn)
Brandon (Pendeen)
Rebecca (Lizard)



Design Technology

Lola (Porthcurno)
Nathan (Mevagissey)
Oliver (Mevagissey)
Leo (Godrevy)



Music

Emillie (Marazion)
Ollie (Newlyn)
Israel (Pendeen)
Exodus (Lizard)



Computing

Lochlan (Gwithian)
Archie (Mevagissey)
Jack (Pendeen)
Dominic (Godrevy)



Art

Maisie (Gwithian)
William (Newlyn)
Austeja (Porthleven)
Nadine (Lizard)



History

Tom (Porthcurno)
Zach (Newlyn)
Rose (Porthleven)
Preston (Lizard)



Geography

Isaiah (Marazion)
Peggy (Porthleven)
Mikolaj (Pendeen)
Chloe (Godrevy)



Modern Foreign Languages

Lily (Porthleven)
Walter (Pendeen)
Boaz (Lizard)



PSHE

Georgie (Porthcurno)
Albie (Marazion)
Gracie-Mae (Porthleven)
Jonah (Lizard)



Early Years

Benas, Keevah, Bella, Mia (Pendennis)
Oscar, Poppy A, Thomas (Tintagel)
Rosen, Poppy R-C, Denas (Restormel)

